




February 2025



Mon	Tue	Wed	Thu	Fri
3 Krabby Cakes, Creamed Corn, Three Bean Salad, WW bread, Pears, 2% Milk	4 Meatball Sub Casserole, Green Beans, Garlic Bread, Cooked Apples, 2% Milk	5 Broccoli Cheese Soup, Ham & Cheese Sandwich, Carrots, Peaches, 2% Milk	6 Boneless Chicken Wings, Potato Wedges, Peas, WW Bread, Pineapples, 2% Milk	7 Butter Beans, Mixed Greens, Beets, Cornbread, Fruit Cocktail, 2% Milk
10 Sweet & Sour Chicken w/ Rice, Carrots, Peas, Oranges, 2% Milk	11 Tomato Soup, Grilled Cheese Sandwich, Cottage Cheese, Pineapples, 2% Milk	12 Fish Nuggets, Corn, Brussel Sprouts, WW Bread, Peaches, 2% Milk	13 Hotdogs w/ Chili, Onion, Coleslaw, Sweet Potato Fries, Pears, 2% Milk	14 Pinto Beans, Spinach, Hashbrown, Cornbread, Applesauce, 2% Milk
17  HAPPY PRESIDENTS DAY CENTER CLOSED	18 Breakfast Casserole w/ Gravy, Biscuit, Cinnamon Apples, 2% Milk	19 Steak Fajita w/ Peppers & Onions, WW Tortilla, Stewed Tomatoes, Corn, Pineapples, 2% Milk	20 Great Northern Beans, Spinach, Carrots, Cornbread, Peaches, 2% Milk	21 <i>FESTIVE MEAL</i> Creamy Chicken Spaghetti, Garden Salad, Green Beans, WG Garlic Breadstick, Oranges, Sugar Cookies, 2% Milk
24 Chicken Alfredo, Broccoli, Peas, WW Dinner Roll, Peaches, 2% Milk	25 Pork BBQ Sandwich, Cole slaw, Sweet Potato Fries, Pineapples, 2% Milk	26 Chili w/ Meat & Beans, Peanut Butter Sandwich, Carrots, Pears 2% Milk	27 Chicken Tenders/ Gravy, Oven Fries, Green Beans, WW Bread, Fruit Cocktail, 2% Milk	28 Taco Salad w/ Chips, Meat, Lettuce, Cheese, Tomatoes, Red Onions, Corn, Oranges, 2 % Milk
			All meals meet RDI regulations. Each day a bread group item, butter and milk will be served. Rich desserts, rice and gravies are optional to each participant. No salt or margarine added to vegetables and meats unless specified. All instant potatoes and breads have some salt, margarine and sugar. Please use the suggestion box to express your opinion of the daily meals. <u>The Nutrition Program reserves the right to change menus.</u>	