



Mon	Tue	Wed	Thu	Fri
<p>2 <b>Boneless Chicken Wings,</b> Corn, Cauliflower, Peaches, WW Bread, 2% Milk</p>	<p>3 <b>Spaghetti, Meatballs,</b> Garden Salad, Garlic Breadstick, Applesauce, 2% Milk</p>	<p>4 <b>Baked Fish,</b> Broccoli, Carrots, Oranges, WW roll, Pudding 2% Milk</p>	<p>5 <b>Cheeseburgers w/ Lettuce, Tomato, onion, Pickles,</b> Tater rounds, Green Beans, Pineapples, 2% Milk</p>	<p>6 <b>Navy Beans,</b> Hashbrown, Cornbread , Pears, Boiled Cabbage, Onions, 2% Milk</p>
<p>9 <b>Vegetable Beef Soup,</b> Peanut Butter Sandwich, Broccoli, Oranges, 2% Milk</p>	<p>10 <b>Cheese Lasagna Roll Up w/ Marinara,</b> Salad w lettuce, tomato, onion, Garlic Breadstick, Pineapples, 2% Milk</p>	<p>11 <b>Hot Dog with Chili,</b> Cole Slaw, Onions, Baked Beans, Tator tots, Fruit Cocktail, 2% Milk</p>	<p>12 <b>Chicken Sandwich on WW Bun,</b> sweet potato fries, Pears, Carrots, 2% milk</p>	<p>13 <b>Pinto Beans with onions</b> Cornbread, Potatoes, Mixed Greens, Applesauce, 2% Milk</p>
<p>16 <b>Scrambled Eggs,</b> Hash Brown, Sausage Patty, Biscuit, Gravy, Cinnamon Apples, stewed tomatoes 2% Milk</p>	<p>17 <b>FESTIVE MEAL</b> <b>Meatloaf,</b> Roasted Potatoes, Green Beans, WW Roll, Pears Cake, 2% Milk</p> 	<p>18 <b>Taco Salad / Chips,</b> Meat, Lettuce, Cheese, Tomatoes, Onions, corn Pineapples, 2 % Milk</p>	<p>19 <b>Potato Soup,</b> Ham And Cheese Sandwich, Oranges, peas, 2% Milk</p>	<p>20 <b>Great Northern Beans,</b> onions, Cornbread, hashbrown, Applesauce, Mixed Greens, 2% Milk</p>
<p>23 <b>Chicken Noodle Soup</b> WW Bread/Peanut Butter, Carrots, Peas, Pears, 2% Milk</p>	<p>24 <b>Smoked Sausage</b> with Sour Kraut, Fruit Cocktail, Green Beans, WW Roll , 2% Milk</p>	<p>25 <b>Chili w/ Meat and Beans,</b> Carrots, corn, cornbread, Peaches, 2% Milk</p>	<p>26 <b>Chicken Tenders,</b> sweet potato fries, Broccoli, oranges, WW Bread, 2% milk</p>	<p>27 <b>Pinto Beans with onions</b> Cornbread, Tator tots, Spinach, Applesauce, 2% Milk</p>
<p>30 <b>Fish Sticks,</b> green beans, Corn, Oranges, WW roll, Pudding 2% Milk</p>	<p>31 <b>Chicken Alfredo, Broccoli-</b> Salad w lettuce, tomato, Garlic Breadstick, Pineapples, 2% Milk</p>	<p>All meals meet RDI regulations. Each day a bread group item, butter and milk will be served. Rich desserts, rice and gravies are optional to each participant. No salt or margarine added to vegetables and meats unless specified. All instant potatoes and breads have some salt, margarine and sugar. Please use the suggestion box to express your opinion of the daily meals.</p>		