



February 2026



Mon	Tue	Wed	Thu	Fri
2 Chicken Tenders/ Gravy, Oven Fries, Green Beans, WW Bread, Fruit Cocktail, 2% Milk	3 Vegetable Beef Soup, Peanut Butter Sandwich, Broccoli, Peaches, 2% Milk	4 Smoked Sausage with Sour Kraut, Pears, Peas, WW Roll , 2% Milk	5 Potato Soup WW Bread/Peanut Butter, Carrots, Peas, Pineapples, 2% Milk	6 Navy Beans, onions Mixed Greens, Hashbrown, Cornbread, Applesauce 2% Milk
9 Broccoli Cheese Soup, Ham & Cheese Sandwich, Carrots, Peaches, 2% Milk	10 Scrambled Eggs , Hash Brown, Sausage Patty, Bis- cuit, Gravy, Cinnamon App- les, stewed tomatoes 2% Milk	11 Boneless Chicken Wings, Tator Tots, Peas, WW Bread, Pineapples, 2% Milk	12 Hotdogs w/ Chili, Onion, Coleslaw, Sweet Potato Fries, Pears, 2% Milk	13 Pinto Beans, Spinach, Hashbrown, Cornbread, Applesauce, 2% Milk
16  CENTER CLOSED	17 Baked Fish Sandwich, Roasted Potatoes, Peas, Pears, Pudding, 2% Milk	18 Taco Salad w/ Chips, Meat, Lettuce, Cheese, To- matoes, Red Onions, Corn, Oranges, 2 % Milk	19 Great Northern Beans, Spinach, Carrots, Cornbread, Peaches, 2% Milk	20 FESTIVE MEAL Chicken Patty with gravy, Potatoes, Green Beans, Roll Fruit Pie, 2% Milk
23 Tomato Soup, Grilled Cheese Sandwich, Cottage Cheese, Pears, 2% Milk	24 Pork BBQ Sandwich, Cole slaw, Potato Salad, Pineapples, Cookie 2% Milk	25 Chicken Alfredo, Broccoli, Peas, WW Dinner Roll, Peaches, 2% Milk	26 Fish Sticks, Corn, Brussel Sprouts, WW Bread, Applesauce 2% Milk	27 Chili w/ Meat & Beans, Peanut Butter Sandwich, Carrots, Fruit Cocktail 2% Milk



All meals meet RDI regulations. Each day a bread group item, butter and milk will be served. Rich desserts, rice and gravies are optional to each participant. No salt or margarine added to vegetables and meats unless specified. All instant potatoes and breads have some salt, margarine and sugar. Please use the suggestion box to express your opinion of the daily meals.

The Nutrition Program reserves the right to change menus.