Nicholas Community Action Partnership, Inc.
SUPPORT • EMPOWER • GROW

APRIL 2026

Mon	Tue	Wed	Thu	Fri
All meals meet RDI regulations. Each day a bread group item, butter and milk will be served. Rich desserts, rice and gravies are optional to each participant. No salt or margarine added to vegetables and meats unless specified. All instant potatoes and breads have some salt, margarine and sugar. Please use the suggestion box to express your opinion of the daily meals. **The Nutrition Program reserves the right to change menus.**		1 **Boneless Chicken Wings**, Corn, Cauliflower, Peaches, WW Bread, 2% Milk	2 **Great Northern Beans,** onions, Cornbread, hashbrown, Applesauce, Mixed Greens, 2% Milk	3 **Center's Closed**
6 **Vegetable Beef Soup,** Peanut Butter Sandwich, Broccoli, Oranges, 2% Milk	7 **Cheese Lasagna Roll Up w/ Marinara,** Salad w lettuce, tomato, onion, Garlic Breadstick, Pineapples, 2% Milk	8 **Hot Dog with Chili**, Cole Slaw, Onions, Baked Beans, Tator tots, Fruit Cocktail, 2% Milk	9 **Chicken Sandwich on WW Bun**, sweet potato fries, Pears, Carrots, 2% milk	10 **Pinto Beans with onions,** Cornbread, Potatoes, Mixed Greens, Applesauce,2% Milk
13 **Scrambled Eggs**, Hash Brown, Sausage Patty, Biscuit, Gravy, Cinnamon Apples, stewed tomatoes 2% Milk	14 **Taco Salad** / Chips, Meat, Lettuce, Cheese, Tomatoes, Onions, corn Pineapples, 2 % Milk	15 **Chicken Noodle Soup** WW Bread/Peanut Butter, Carrots, Peas, Pears, 2% Milk	16 **Baked Fish,** Broccoli, Carrots, Oranges, WW roll, Pudding 2% Milk	17 **Spaghetti, Meat**balls, Garden Salad, Garlic Breadstick, Applesauce, 2% Milk
20 **Chicken Tenders,** sweet potato fries, Broccoli, oranges, WW Bread, 2% milk	21 **Smoked Sausage** with Sour Kraut, Fruit Cocktail, Peas, WW Roll , 2% Milk	22 **Chili w/ Meat and Beans,** Carrots, corn, grilled cheese sandwich, Peaches, 2% milk	23 ***FESTIVE MEAL*** **Chicken with gravy** Potatoes, Green Beans, WW Roll, Fruit Pie 2% Milk	24 **Navy Beans,** Hashbrown, Cornbread , Applesauce, Boiled Cabbage, Onions,2% Milk
27 **Fish Sticks,** green beans, Corn, Oranges, WW roll, Pudding 2% Milk	29 **Chicken Alfredo, Broccoli-** Salad w lettuce, tomato, Garlic Breadstick, fruit cocktail, 2% Milk	29 **Cheeseburgers w/ Lettuce, Tomato, onion, Pickles,** Tater rounds, Green Beans, Pineapples, 2% Milk	30 **Pork BBQ Sandwich,** Baked Beans, Cole slaw, Sweet Potato Fries, Peaches, Cookie, 2% milk	

Summersville • Craigsville • Nettie • Richwood