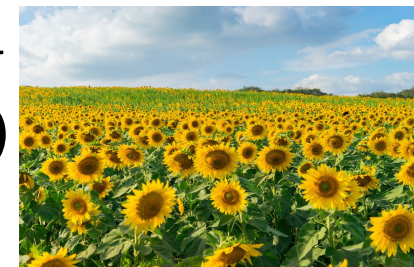




August 2026



Mon	Tue	Wed	Thu	Fri
3 Boneless Chicken Wings, Corn, Cauliflower, Peach- es, WW Bread, 2% Milk	4 Cheese Lasagna Roll Up w/ Marinara, Salad w lettuce, tomato, onion, Garlic Bread- stick, Pineapples, 2% Milk	5 Vegetable Beef Soup, Peanut Butter Sandwich, Broccoli, Oranges, 2% Milk	6 Chicken Sandwich on WW Bun, sweet potato fries, Pears, Carrots, 2% milk	7 White Beans, onions, Cornbread, hash- brown, Applesauce, Mixed Greens, 2% Milk
10 Scrambled Eggs, Hash Brown, Biscuit, Sausage Gravy, Cinnamon Apples, stewed tomatoes, 2 % Milk	11 Taco Salad / Chips, Meat, Lettuce, Cheese, Toma- toes, Onions, corn Pine- apples, 2 % Milk	12 Hot Dog with Chili, Cole Slaw, Onions, Baked Beans, Tator tots, Fruit Cocktail, 2% Milk	13 Fish Sticks, green beans, Corn, Oranges, WW roll, Pudding 2% Milk	14 Great Northern Beans, onions, Cornbread, hash- brown, Applesauce, Mixed Greens, 2% Milk
17 Chicken Tenders, potato tots, Broccoli, oranges, WW Bread, 2% milk	18 Spaghetti, Meatballs, Garden Salad, Garlic Breadstick, Applesauce, 2% Milk	19 Pork BBQ Sandwich, Baked Beans, Cole slaw, Sweet Potato Fries, Pears, 2% milk	20 <u>FESTIVE MEAL</u> Chicken with gravy Potatoes, Green Beans, WW Roll, Cake, 2% Milk	21 Pinto Beans with onions, Cornbread, Potatoes, Mixed Greens, Applesauce, 2% Milk
24 Baked Fish, green beans, Corn, Oranges, WW roll, Pudding, 2% Milk	25 Chicken Alfredo, Broccoli , Garden Salad w/ lettuce, to- mato, Garlic Breadstick, fruit cocktail, 2% Milk	26 Cheeseburgers w/ Lettuce, Tomato, onion, Pickles, Ta- ter rounds, Green Beans, Pineapples, 2% Milk	27 Smoked Sausage with Sauer Kraut, Fruit Cock- tail, corn, WW Roll , 2% Milk	28 Navy Beans, Hashbrown, Cornbread , Applesauce, Mixed Greens, Onions, 2% Milk
31 Chicken Noodle Soup WW Bread/Peanut Butter, carrots, Peas, Pears, 2% Milk		All meals meet RDI regulations. Each day a bread group item, butter and milk will be served. Rich desserts, rice and gravies are optional to each participant. No salt or margarine added to vegetables and meats unless specified. All instant potatoes and breads have some salt, margarine and sugar. Please use the suggestion box to express your opinion of the daily meals. <u>The Nutrition Program reserves the right to change menus.</u>		

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